



**black hat**<sup>®</sup>  
EUROPE 2021

november 10-11, 2021

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BRIEFINGS

# Building Better CSIRTs Using Behavioral Psychology

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# All About Us (intro to ego-centrism)



- Studying Cybersecurity Teamwork since 2012
- PhD in Workplace Psychology
- Co-founder & Chief Research Officer, LETS
- Trained government teams in US, Sweden, & Netherlands



- 20 years in security operations
- Co-founder & CEO, Bionic Cyber
- Former White House, DoE, Raytheon, MSSP, MDR
- SANS Instructor, SEC450 and Co-author, MGT551

# The Problems We're Solving

**A**

## The Superhero Problem

Most teams are over-reliant on a few key people to repeatedly save the day.

**B**

## The Teamwork Problem

Security operations training is heavily focused on technical capabilities.

**C**

## The Firefighting Problem

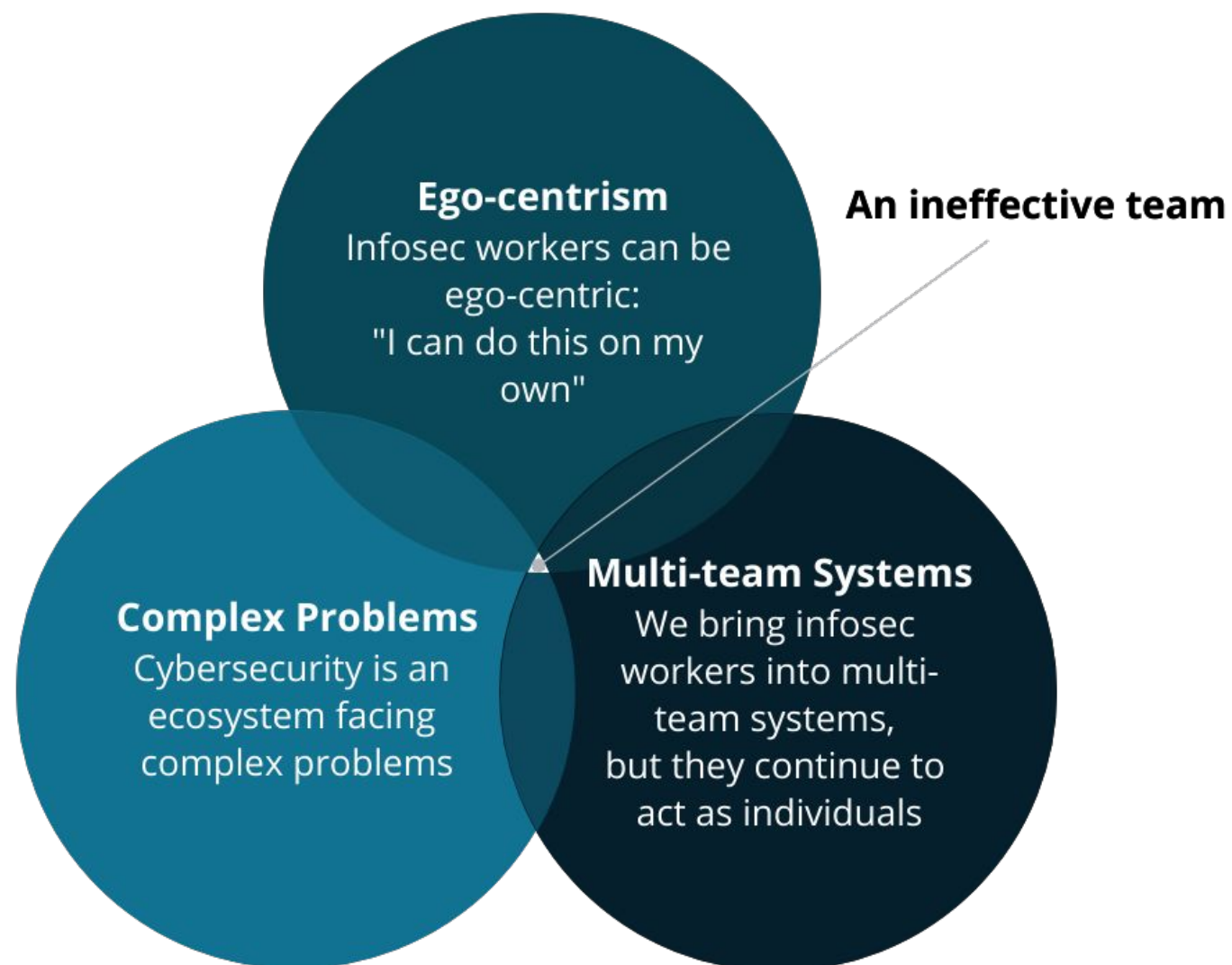
We constantly need to adapt during crises without structure or tools

**D**

## The Lone Wolf Problem

We have talented analysts who are only motivated to do work on their own.

# Why We're Here



# The Largest Social-Behavioral Study of InfoSec Teams to Date

**5** years

**52** focus groups

**20+** researchers & practitioners

**148** survey and cognitive task analysis participants

**56,000+** research hours

**28** multi-team systems (MTSs)

**17** organizations across the US & Europe

US Government

George Mason University

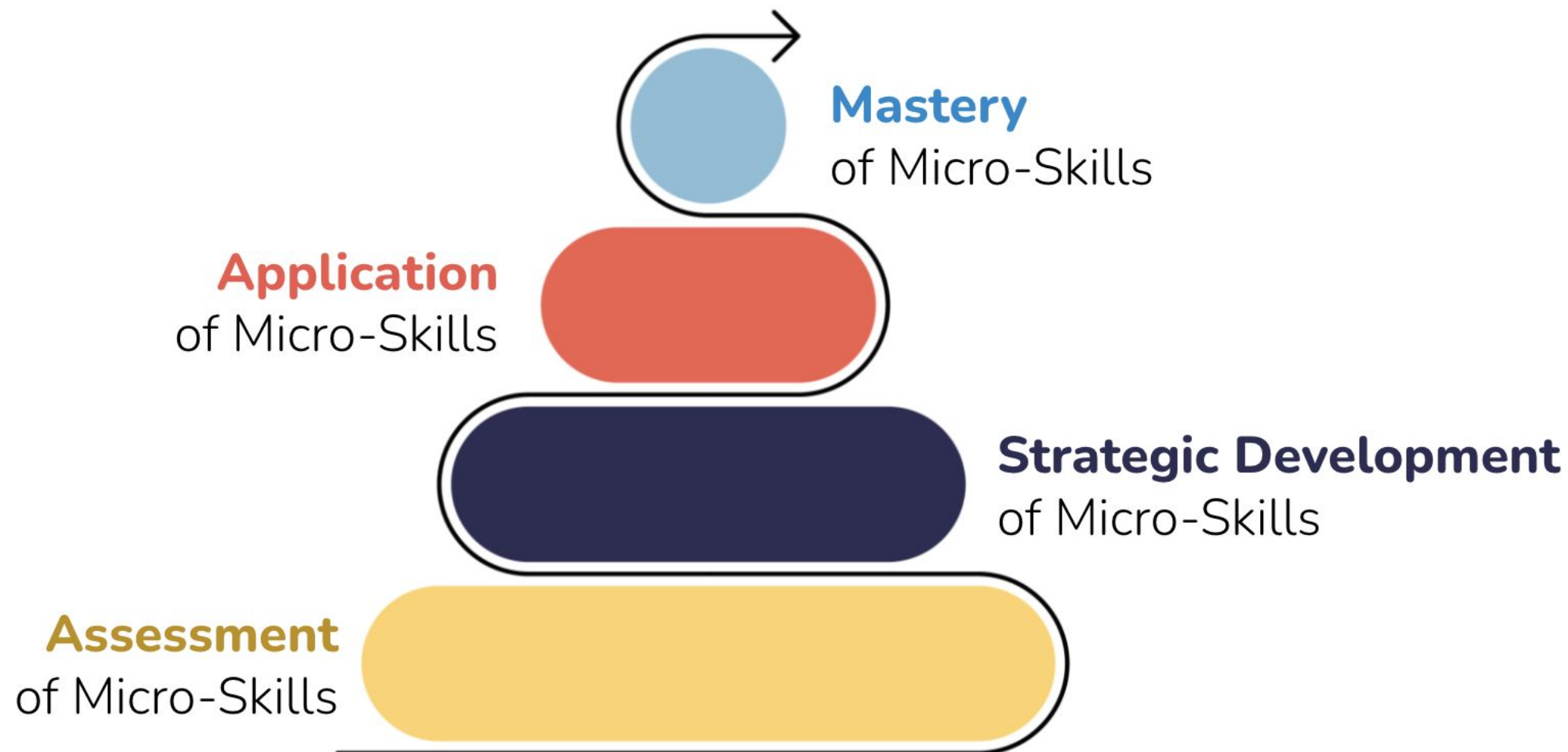
Dartmouth

HP Labs

Swedish Government

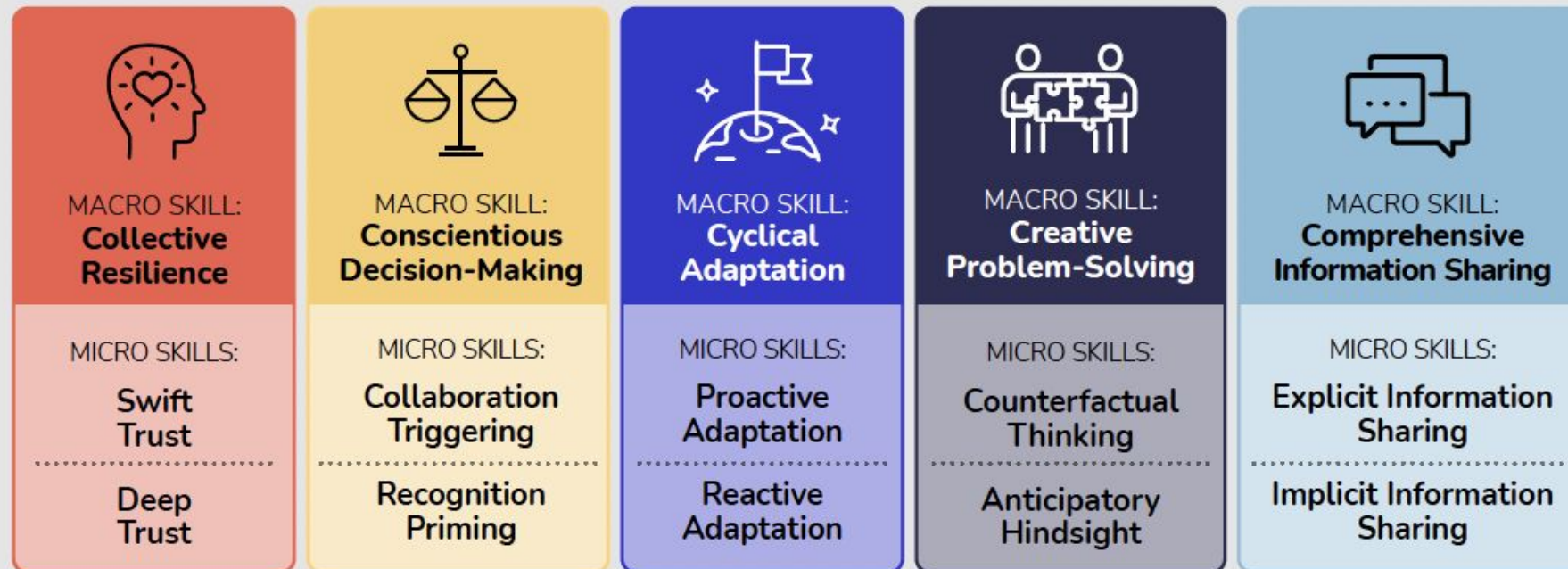
Dutch Government

# Social Maturity Framework



# The Top Priorities for Effective Cybersecurity Teamwork

## 5Cs: MTS Collaboration Macro- and Micro-Skills



\*DHS-funded Research Team: Tetrick, L. E., Zaccaro, S. J., Dalal, R. S., Steinke, J. A., Repchick, K. M., Hargrove, A. K., Shore, D. B., Winslow, C. J., Chen, T. R., Green, J. P., Bolunmez, B., Tomassetti, A. J., McCausland, T. C., Fletcher, L., Sheng, Z., Schrader, S. W., Gorab, A. K., & Niu, Q. (2016). Improving social maturity of cybersecurity incident response teams. Fairfax, VA: George Mason University.

Figure 1: 5C Model

# Why It Works



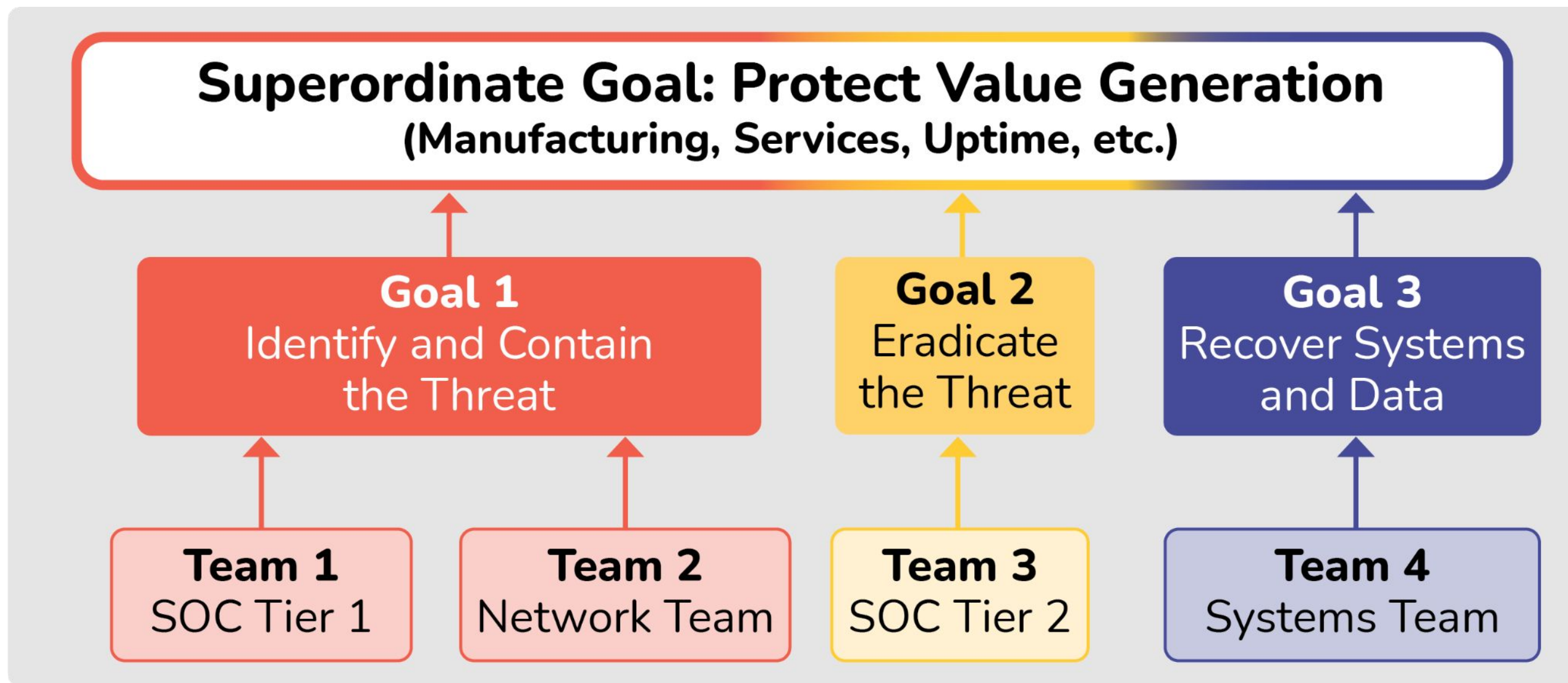


# Case Study: 24/7 Executive Branch SOC

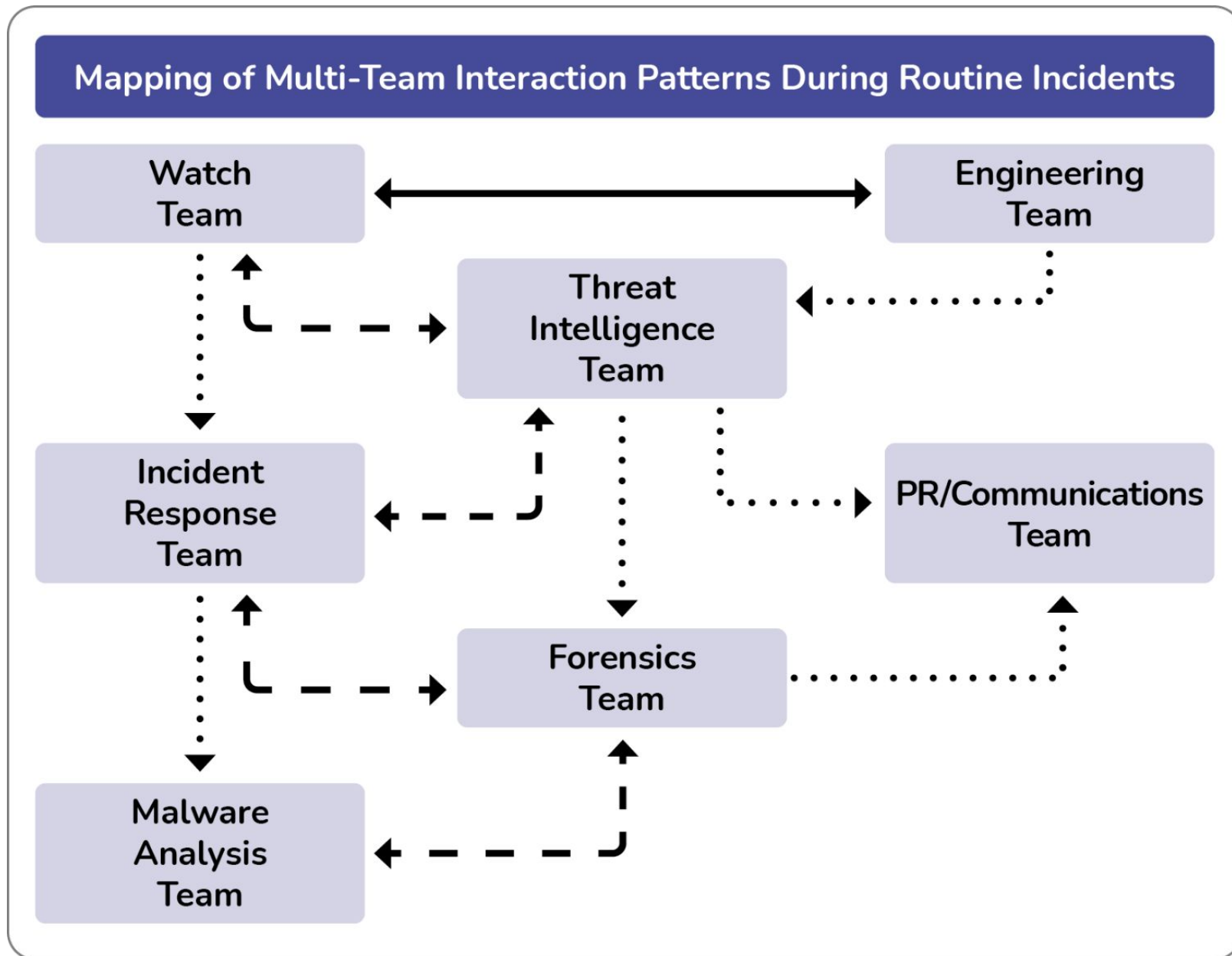


Engaging Goal Setting	Collaboration and Communication
<ul style="list-style-type: none"><li>● Balancing strategic and tactical goals: <i>what do we focus on?</i></li><li>● Be an “expert” in an expert organization</li><li>● How do we know we’re getting the job done?</li></ul>	<ul style="list-style-type: none"><li>● Identify situations where team members should engage others</li><li>● Share knowledge effectively</li><li>● Measure effective collaboration as an indicator of successful identification and response</li></ul>

# Example MTS Goal Hierarchy



# Example MTS Interaction Diagram



**Interaction Levels**

- .....> Moderate levels of interactions
- ← - - - - - → High levels of interaction
- ←—————→ Very high levels of interaction

**Note:** At higher levels of incident severity, interactions between teams increase in intensity. Also, teams that do not generally interact begin to interact more frequently.

# Case Study: Managed Detection and Response Service



Norms and Expectations	Knowledge Management
<ul style="list-style-type: none"><li>● Establish norms for ongoing service delivery</li><li>● Closely manage time and effort per customer while ensuring positive customer experience</li></ul>	<ul style="list-style-type: none"><li>● Team studies and catalogs customer environments and threat model(s)</li><li>● Experiential knowledge is retained in a way that whole team benefits</li><li>● Knowledge is actively maintained, not stored and forgotten</li></ul>

# Team Charter Roadmap



## Step 1a:

Each team member identifies their own. . .

- Goals
- Responsibilities
- Style of Communication
- Openness to Collaboration



## Step 1b:

Each team member identifies their perspective of the team's. . .

- Goals
- Responsibilities
- Style of Communication
- Openness to Collaboration



## Step 2:

Team members align on expectations from Steps 1a & 1b

- Identify Similarities
- Reconcile Differences
- Reach Consensus
- Aggregate into one document



## Step 3:

The team creates a plan on how to maintain their alignment from Step 2

- Accountability
- Opportunities for Feedback
- Qualitative and Quantitative Metrics
- Proactive and Reactive Adaptation

# Example Team SKUE\* Board

For Myself				
Information I have that I think is unique from that of other team members	Examples of situations when that unique information is most useful	Skills I have that I think are unique from that of other team members	Examples of situations when those unique skills are most useful	Major events/incidents that I have been involved with
For Each Team Member				
Information (Team Member) has that I think is unique from that of other team members	Examples of situations when that unique information is most useful	Skills (Team Member) has that I think are unique from that of other team members	Examples of situations when those unique skills are most useful	Major events/incidents they have been involved with

\*Shared Knowledge of Unique Expertise

# Summary and Homework

- We immediately update our software, we never update our teamwork
- Making time to invest in teamwork, not just taskwork, has long term gains
- Four tools discussed today that you can use:
  - **MTS Goal Hierarchy**
  - **MTS Interaction Diagram**
  - **Team Charter**
  - **Team SKUE Board**

# Stay In Touch!

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