Shifting Knowledge Left

Keeping Up With Modern Application Security
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Overview

● The State of Developer Security Knowledge
● The Need to Reduce Time-to-Education
● A Thoughtful Approach to Engineer Enablement
● Changing Course on Education
● Growing the Community
The State of Developer Security Knowledge
“The **OWASP Top 10** is a powerful awareness document for web application security. It represents a broad consensus about the most critical security risks to web applications.”

- OWASP

Over 125 OWASP Projects...

- 60% Are Currently “active”
- 13% Are Flagship Projects

Tools [Health Check January 2017]
- OWASP Zed Attack Proxy
- OWASP Web Testing Environment Project
- OWASP OWTF
- OWASP Dependency Check
- OWASP Security Shepherd
- OWASP DefectDojo Project
- OWASP Juice Shop Project
- OWASP Security Knowledge Framework
- OWASP Dependency Track Project

Code [Health Check January 2017]
- OWASP ModSecurity Core Rule Set Project
- OWASP CSRFGuard Project

Documentation [Health Check January 2017]
- OWASP Application Security Verification Standard Project
- OWASP Software Assurance Maturity Model (SAMM)
- OWASP AppSensor Project
- OWASP Top Ten Project
- OWASP Testing Project
“Nearly one in five developers are not at all familiar with the Top 10 OWASP application security risks.”

- Veracode

https://techbeacon.com/security/32-application-security-stats-matter
The OWASP Top 10 is Not…

- Up to date
- Language- or framework-specific
- A checklist for code scanning and pentesting
- An exhaustive list of vulnerability classes
- A training syllabus
Top U.S. Computer Science Programs

1. Carnegie Mellon
2. MIT
3. Stanford
4. University of California, Berkeley
5. University of Illinois, Urbana-Champaign
6. Cornell
7. University of Washington
8. Georgia Tech
9. Princeton
10. University of Texas at Austin

https://www.usnews.com/best-graduate-schools/top-science-schools/computer-science-rankings
Top U.S. Computer Science Programs Requiring a Course Related to Software Security:

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A Moment in the Life of a Developer...
DevSecOps: Doing More With Less!

Industry trends continue to ask engineers to take on more areas of responsibility:

70% of developers are “expected” to write secure code, but…

< 50% of these developers receive feedback on security, and…

25% think their organization's security practices are "good."

Dumbing Down Topics = Expanding Risk

Typical Developer Training:

- “Just Use These headers”
- “Just Use the ORM”
- “Just Use This Package”
- Static, Out-of-date Content
- Infrequent (e.g. Annual)

Real Code Security:

- Defense-in-Depth
- Modern Controls
- Practical Trade-offs
- Threat Modeling
- “Best Practices” Evolve
Load a Metasploit Module → I Can Pentest

= 

Use This Browser Header → I Can Prevent XSS
In Browsers We Trust: XSSAuditor

TL:DR
Bypasses abound.
It prevents some legit sites from working.
Once detected, there’s nothing good to do.
It introduces cross-site info leaks.
Fixing all the info leaks has proven difficult.

https://groups.google.com/a/chromium.org/forum/#!msg/blink-dev/TuYw-EZhO9g/blGViehIAwAJ
HPKP Timeline

04/2015: RFC

Public Key Pinning Extension for HTTP

Abstract

This document defines a new HTTP header that allows web host operators to instruct user agents to remember ("pin") the hosts' cryptographic identities over a period of time. During that time, user agents (UAs) will require that the host presents a certificate chain including at least one Subject Public Key Info structure whose fingerprint matches one of the pinned fingerprints for that host. By effectively reducing the number of trusted authorities who can authenticate the domain during the lifetime of the pin, pinning may reduce the incidence of man-in-the-middle attacks due to compromised Certification Authorities.

HPKP Timeline, cont.

09/2015: Chrome rollout

Rolling out Public Key Pinning with HPKP Reporting

By Emily Stark
Emily is a contributor to WebFundamentals

Using SSL on your site is an important way to preserve security and privacy for your users. But enabling SSL isn’t the end of the story: there are many steps you can take to further enhance the security that your site provides, from setting the Secure attribute on your cookies to turning on HTTP Strict Transport Security to using Content Security Policy to lock down your site’s privileges. Deploying these powerful features can sometimes be tricky, though. To help you roll out a stricter form of SSL, Chrome 46 ships with a feature called HPKP reporting.

How can I delist myself from HTST and HPKP?

About the same time, I discovered that my "test" account that I used to 'test' on how I can fully secure users, was not secure. I was deleting it, remaking it, and one time I forgot to secure it.

It was a normal user, with little to no rights, I deleted the user, by killing the the processes owned by the user "test". Then I `rm -rfv /home/test/`.

However, I still did not feel safe, thus I reinstalled my server, thinking that I could renew cert with Let's Encrypt.

I'm assuming all this can be fixed by delisting myself from the Mozilla Firefox/Google Chrome HTST and HPKP list.

I would recommend to use a different domain name.

https://serverfault.com/questions/835797/remove-domain-from-hpkp-preload-list
HPKP Timeline, cont.

09/2016:

Is HTTP Public Key Pinning Dead?

Posted by Ivan Ristic in SSL Labs on September 6, 2016 1:21 AM

I have a confession to make: I fear that HTTP Public Key Pinning (HPKP, RFC 7469)—a standard that was intended to bring public key pinning to the masses—might be dead. As a proponent of a fully encrypted and secure Internet I have every desire for HPKP to succeed, but I worry that it’s too difficult and too dangerous to use, and that it won’t go anywhere unless we fix it.
HPKP Timeline, cont.

08/2017:

I'm giving up on HPKP

August 24, 2017

HTTP Public Key Pinning is a very powerful standard that allows a host to instruct a browser to only accept certain public keys when communicating with it for a given period of time. Whilst HPKP can offer a lot of protection, it can also cause a lot of harm too.

HPKP

I've covered HPKP quite a few times on my blog and I also use it myself. You can see that I get an A+ on my securityheaders.io scan and you can also analyse my policy in more detail on the https://report-uri.io analyser results. I use it because it offers a level of protection that I can't otherwise achieve. My policy tells the browser which public keys I have in my possession and that I will always use one of those keys when the browser visits me again. I have blogs with a lot more detail on HPKP, setting up HPKP and my HPKP Toolset to help you out. The problem with HPKP is that it can be quite a complex idea to get your head around and

https://scotthelme.co.uk/im-giving-up-on-hpkp/
10/2017: Intent to deprecate

Intent To Deprecate And Remove: Public Key Pinning

55 posts by 23 authors

Chris Palmer

Primary eng (and PM) emails
palmer@chromium.org, rsleevi@chromium.org, estark@chromium.org, agl@chromium.org

Summary
Deprecate support for public key pinning (PKP) in Chrome, and then remove it entirely.

This will first remove support for HTTP-based PKP ("dynamic pins"), in which the user-agent learns of pin-sets for hosts by HTTP headers. We would like to do this in Chrome 67, which is estimated to be released to Stable on 29 May 2018.

Finally, remove support for built-in PKP ("static pins") at a point in the future when Chrome requires Certificate Transparency for all publicly-trusted certificates (not just newly-issued publicly-trusted certificates). (We don’t yet know when this will be.)

Motivation

https://groups.google.com/a/chromium.org/forum/#!msg/blink-dev/he9tr7p3rZ8/eNMwKPmUBAAJ
“The pass rate of applications against standards like the OWASP Top 10 hasn’t budged in recent years, with applications failing policy consistently around 70% of the time.” - Veracode

https://www.veracode.com/blog/secure-development/what-developers-need-know-about-state-software-security-today
“XSS continues to be the most common weakness type no matter how it’s measured.” - HackerOne

https://www.hackerone.com/resources/top-10-vulnerabilities
More Code, More Problems

CVEs related to "parsing"

Source: https://cve.mitre.org/cgi-bin/cvekey.cgi?keyword=parsing
Wishful Thinking as Vulnerability Management

Identity Theft
Attacks on Modern SSO Systems

Multiple SAML libraries may allow authentication bypass via incorrect XML canonicalization and DOM traversal

Vulnerability Note VU#475445

CVE-2017-11427 - OneLogin’s "python-saml"
CVE-2017-11428 - OneLogin’s "ruby-saml"
CVE-2017-11429 - Clever’s "saml2-js"
CVE-2017-11430 - "OmniAuth-SAML"
CVE-2018-0489 - Shibboleth openSAML C++
CVE-2018-5387 - Wizkunde SAMLBase

“We aren’t vulnerable because we don’t use those libraries...”
“You can’t scan your way to secure code.”

- P. Pourmousa, Veracode

The Need to Reduce Time-to-Education
Industry Compliance

Products

Software Engineers

Security Engineers  Pentesters  SAST Triage
Risk Versus Reward

“Vulnerabilities that fall into the SSRF IDOR categories earn some of the higher bounties given the risk they pose to an organization.”
- HackerOne

Duo New Engineer Survey

How familiar are you with the following vulnerability classes?

SSRF: 58% not familiar at all
IDOR: 67% not familiar at all

“There is 40% crossover of the HackerOne Top 10 to the latest version of the OWASP Top 10.”
- HackerOne

https://www.hackerone.com/resources/top-10-vulnerabilities
ORM: Not SQLi Proof!

Using object-relational mapping libraries avoids the need to write SQL code. The ORM library in effect will generate parameterized SQL statements from object-oriented code.

https://en.wikipedia.org/wiki/SQL_injection#Mitigation

Fixing SQL Injection: ORM is not enough

https://snyk.io/blog/sql-injection-orm-vulnerabilities/

2.5 Ways Your ORM Is Vulnerable To SQL Injection

https://bertwagner.com/2018/03/06/2-5-ways-your-orm-will-allow-sql-injection/
Education at the Speed of Reality?

---

**Base module of the extension. Contains basic functions, the Auth object and AuthUser base class.**

```python
import time, hashlib, datetime
from functools import partial
from flask import session, abort, current_app, redirect, url_for

DEFAULT_HASH_ALGORITHM = hashlib.sha1
```

[https://pythonhosted.org/Flask-Auth/_modules/flaskext/auth/auth.html](https://pythonhosted.org/Flask-Auth/_modules/flaskext/auth/auth.html)

---

**bcrypt:** 1999  
**PBKDF2:** 2000  
**scrypt:** 2009  
**Argon2:** 2015

---

**How to encrypt password on client side using Javascript**

```javascript
document.getElementById("hide").value = 
document.getElementById("password").value;

var hash = CryptoJS.MD5(password);
document.getElementById('password').value=hash;
return true;
```
If a Vulnerability Gets Flagged… Now What?

WhiteSource Partners With GitHub to Help Developers Code More Securely

GitLab acquires Gemnasium to accelerate its security roadmap

Total Funding Amount $45M

Snyk
Snyk is a network security company that helps
London, England, United Kingdom

SonarSource
SonarSource provides applications and services
Geneva, Geneve, Switzerland

npm Acquires ^Lift Security and the Node Security Platform

CA Technologies Acquires SourceClear, Advancing SCA Capabilities for a DevSecOps World

Synopsys Completes Acquisition of Black Duck Software
A Thoughtful Approach to Engineer Enablement
Engineers may say that you punish them for bugs found; so we should ask them ‘Why aren’t you good at coding?’

Meanwhile, the presenter is...

● Brand new to application security
● Has never been a software engineer
● Admits to not having any real knowledge of programming

But sure, be an Application Security Engineer \_(ツ)_/\
Centering Team Focus Beyond “Find Bugs”

Engineering is Family ➔ Adversarial in Action, Not Relationship

Low Friction, High Value ➔ Elegance to Obviate Engineer Frustration

Build a Paved Road ➔ Spend Time Enabling Good Outcomes

How Could it Go Right? ➔ Meet the Need for Innovation, Not FUD

No Code Left Behind ➔ Take Inventory, Know the Risk, Clean Up
Rethinking the Security Development Lifecycle

- **Training**
- **Requirements**
- **Design**
- **Implementation**
- **Verification**
- **Release**
- **Response**

← This

- Training
- Requirements
- Design
- Implementation
- Verification
- Release
- Response

Not →
## Many Front Doors to Enablement

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<thead>
<tr>
<th>In-person (or WebEx)</th>
<th>Online/Digital</th>
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<tbody>
<tr>
<td><strong>Office Hours</strong> - Weekly</td>
<td><strong>Hunter2</strong> - Self Service</td>
</tr>
<tr>
<td><strong>Visit Team Meetings</strong> - Monthly</td>
<td><strong>SDL Guidelines</strong> - Self Service</td>
</tr>
<tr>
<td><strong>Training Courses</strong> - Quarterly</td>
<td><strong>Slack #appsec</strong> - On Demand</td>
</tr>
<tr>
<td><strong>Internal CTF</strong> - Annual</td>
<td><strong><a href="mailto:psirt@duo.com">psirt@duo.com</a></strong> - On Demand</td>
</tr>
<tr>
<td><strong>Guest Speakers</strong> - Annual</td>
<td><strong>Security Pipeline</strong> - On Demand</td>
</tr>
</tbody>
</table>
Raise the Bar for Your Engineers

An “OWASP Top 10” Training Usually Results in...

1. ' OR '1'='1'
2. <script>alert('hacked');</script>
3. ../../../etc/passwd

Challenge your engineers by sharing content that is not something they have already seen ad-nauseum!
Introduction (?) to Application Security at Duo

**Encrypted Cookies Are Not Enough**

- Developers often encrypt cookie payloads assuming it cannot be changed
- Encryption **does not provide integrity**! Attackers can modify an encrypted cookie without knowing the key

```python
def encryptCookie(payload, key, iv):
    obj = AES.new(key, AES.MODE_CTR, iv)
    str1 = padding(payload)
    ciphertext = obj.encrypt(str1)
    return ciphertext
```

AuthCookieVal = encryptCookie("Role:Reviewer", "aiBuacoM8", "mee0epJee")

**Bit-flip to Victory**

Cookie payload = “Role:Reviewer” provides the cookie value (hex) below
set-cookie: auth=de6dd89e66232da8a4dac92845;

**Attacker:**

By gathering cookies from various roles, looking for patterns and bit-flipping with XOR, a new valid cookie can be crafted without knowing the encryption key

```
de6dd89e66232da8a4dac92845 XOR 13011b000b
```

Outcome used to set attacker’s cookie

Cookie: auth=de6dd89e66302cb3a4d1
Decrypts to “Role:Admin”
“I had other app security training with the previous jobs and this one is the best so far. The labs make it particularly fun and engaging.”

“It was great! I'd love if there were more beyond the 3 [trainings]!”

3 In-house Built Courses
Each Course Runs Quarterly
141 Attendees Across Classes
No Required Attendance
An AppSec Office Hours Anecdote

Engineer: “What is the right encryption choice for these LDAP secrets?”

AppSec Team: “Hmm… what feature are you working on that requires that?”

Engineer: [Interesting new functionality that we were not yet aware of…]

AppSec Team: “Gotcha! Let’s take a step back and review the design with you.”
Meet the Engineers Where They Work

Be Predictable
Communicate Well
Share Context
Explain Risk
Suggest Remediation
Support Next Steps
Changing Course on Education
ICAP Learning Framework

<table>
<thead>
<tr>
<th>Engagement Activity</th>
<th>Example</th>
<th>Effectiveness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Passive</td>
<td>Watch a video</td>
<td>Worst</td>
</tr>
<tr>
<td>Active</td>
<td>Click through a tutorial</td>
<td>OK</td>
</tr>
<tr>
<td>Constructive</td>
<td>Answer an instructor’s questions</td>
<td>Better</td>
</tr>
<tr>
<td>Interactive</td>
<td>Solve a hands-on challenge</td>
<td>Best</td>
</tr>
</tbody>
</table>

FACTS
1. A software or firmware fix for a defined vulnerability is a _______.

A. Security
B. Mitigation
C. Risk
D. Patch
"It's the wrong approach. It's like going up to a parent and saying that their child is ugly and then expecting to have a conversation."

- Martin Knobloch, OWASP Chairman

Explain engineering topics in engineering terms; speak to them as peers.

Don’t just tell developers that they can't be trusted to write secure code!

https://www.theregister.co.uk/2018/07/07/owasp_chairman_interview/
npm audit security report

# Run npm install chokidar@2.0.3 to resolve 1 vulnerability

SemVer Warning: Recommended action is a potentially breaking change

<table>
<thead>
<tr>
<th>Low</th>
<th>Prototype Pollution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Package</td>
<td>deep-extend</td>
</tr>
<tr>
<td>Dependency of</td>
<td>chokidar</td>
</tr>
<tr>
<td>Path</td>
<td>chokidar &gt; fsevents &gt; node-pre-gyp &gt; rc &gt; deep-extend</td>
</tr>
<tr>
<td>More info</td>
<td><a href="https://nodesecurity.io/advisories/612">https://nodesecurity.io/advisories/612</a></td>
</tr>
</tbody>
</table>

2. Gulp-Snyk (zsh)

```
~/Develop/snyk/goof master ➜ gulp build
[16:43:51] Starting 'snyk-protect'...
[16:43:56] Successfully applied Snyk patches

[16:43:56] Finished 'snyk-protect' after 4.72 s
[16:43:56] Starting 'build'...
[16:43:56] Finished 'build' after 26 µs
```
Why Does a Replay Attack Work?

Repetition and State

In the previous step, we made an example request to the `/transfer` endpoint to see just how much money we could pull out of the user's account and into ours. If you kept trying long enough (or transferred a large enough amount) you'd drain their account and end up with an error if no more funds could be moved.

But why does this work? If you're not the user, how can you make a request from a completely different place and have the transfer still work? The key is in the header information, specifically the `Session` header. This is a clue that the application is persisting something on the server and using this to relate the requests and maintain some kind of state.

We, as the attacker, intercepted this message and ran a quick test to see if any errors popped up when we did. In our example, no other checks are done besides relating the request to the session so we were allowed to transfer the funds without question.

Exploiting the Hole

As you may have guessed, the main reason that replay attacks work is the lack of other security controls on the request. In our `/transfer` example, the only security control that was in place was the `Session` ID value. The application assumes that the presence of this value and its relation to a currently active session mean that the user has already passed another security control, most likely a login of some kind.

Many attackers, however, don't need to try and break down the front door when they can sneak in through a hole in the fence.
Growing the Community
Cyber Security Awareness Month - October 2019

- Utilizes a total of ~20 Hunter2 modules across courses
- Each course is designed to enable a day of training
- Speaker notes, lab guides, and other resources provided
Duo-created Lessons for Hunter2:

- Signing JSON Web Tokens
- HTTP Header Injection
- Replay Attacks
- Mass Assignment
- Securing Cookies
- Safe JSON Parsing
Re)Play It Again
An API Example

Registering a User

First, we need to find out more information about our "users" API and how to use it. Make sure your environment is started up correctly and browse over to the main page at ${VIRTUAL_HOST}. This should display a page with details about registering a new user, authenticating to the API and getting a listing of current users.

The end goal is to get a listing of current users from the API and their details from the /users endpoint.

To start using the API, let's register a user. Using your tool of choice (something like curl or the Python requests library) make a request to the /register endpoint with the user information:

curl -X POST \
-d "username=testuser1&password=mypassword" \
https://daife152.lab.ht/register

You should receive a successful response with a message about the user testuser1 being registered.

Logging In

Now that we have a user in the system, we can authenticate using it so we can start up our session. To do this we make a request to the /login endpoint with our username and password values:

curl -X POST \
-d "username=testuser1&password=mypassword" \
https://daife152.lab.ht/login
Join Us!

Reduce time-to-education by sharing newly identified risks and security best practices with the community

● Use community-driven labs for free training
● Contribute your own examples

hunter2.com/community
Shifting Knowledge Left
Keeping Up With Modern Application Security

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Join us! hunter2.com/community