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# A survivor-centric, trauma-informed approach to stalkerware

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#### **About us**



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### **Resources:**





**Content warning**: this presentation will discuss intimate partner violence and gender-based violence.

National Domestic Violence Hotline:

1-800-799-7233

or

www.thehotline.org

Or similar hotlines around the world





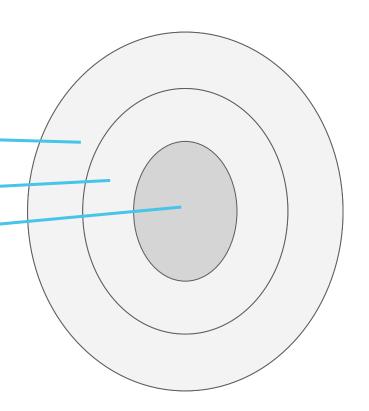
# **Agenda**

Intimate Partner Violence and Gender-Based Violence —

Tech Abuse

#### Stalkerware

- how does it work?
- how to support someone?
- what can we all do?





# **Intimate Partner Violence Gender-Based Violence**



#### **Intimate Partner Violence (IPV)**

(also: domestic abuse, domestic violence)



CDC: 1 in 3 women

1 in 7 men

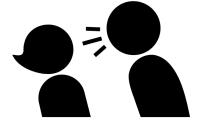
experience physical violence at the hand of an intimate partner

**Gender-Based Violence** is any violence rooted in exploiting unequal power relationships



#### **Common misconceptions about IPV**

Doesn't always involve physical violence



Not all survivors are women, not all abusers are men

"Why can't she just leave?"

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# **Tech abuse**



#### **Tech abuse**

Tech abuse is the use of technology to facilitate IPV

"99.3% of domestic violence practitioners have clients experiencing technology-facilitated abuse" (WESNET, Australia)





#### **Examples of tech abuse**

Remotely-controllable IoT devices
AirTag/Tile and other "Find my" tools
Shared social media and/or email password
Regular device access



Most tech is not built with the IPV threat model in mind!



#### **Tech abuse resources**

CETA (Clinic to End Tech Abuse, Cornell University)
NNEDV's Tech Safety website
WESNET's Tech Safety website
Refuge UK's Tech Safety website

https://bit.ly/blackhatstalkerware





# Stalkerware: how does it work?



#### Stalkerware: Tech-Abuse-as-a-Service

Stalkerware is "software, made available directly to individuals, that enables a remote user to monitor the activities on another user's device without that user's consent and without explicit, persistent notification to that user in a manner that may facilitate intimate partner surveillance, harassment, abuse, stalking, and/or violence" (Coalition Against Stalkerware)

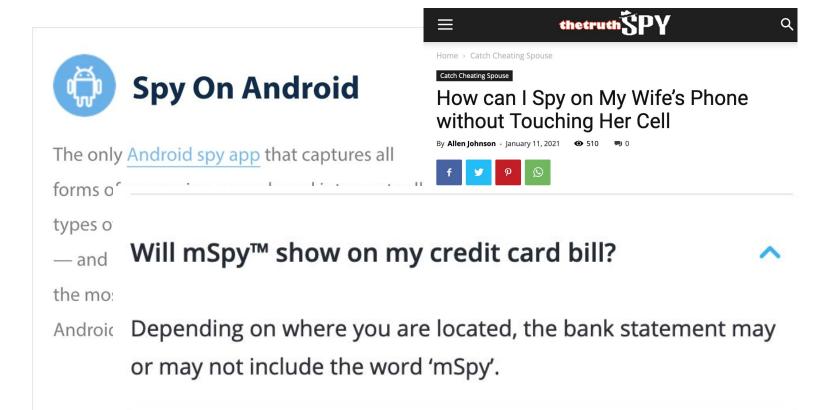
excludes government/criminal spyware

one-time consent not enough!

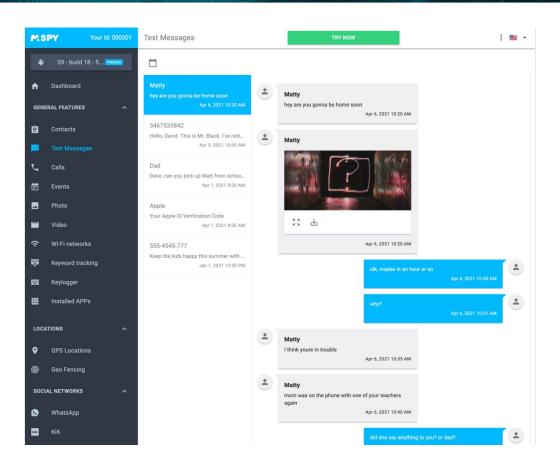














#### Stalkerware 101

Installed through physical access to unlocked device

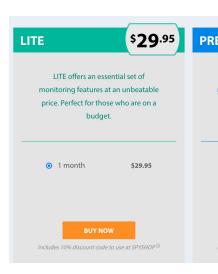
Requires no technical skills or cybercrime connections

Affordable (~US\$25/month)

Technically not very advanced

Hidden on device

Can monitor a lot of activity (phone, browser, messages, location, etc.)



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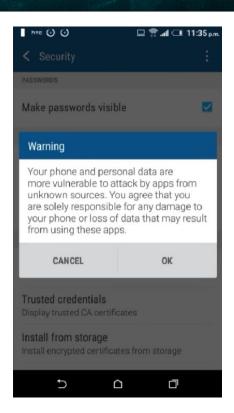
#### Stalkerware on Android

Stalkerware is most common on Android

Built-in security protections disabled during installation

Occasionally rooted for advanced functionality

Antivirus probably detects it





#### Stalkerware on iOS

Requires jailbreak so only possible on older and/or unpatched devices

Non-jailbreak "stalkerware" possibilities:

- iCloud sync
- iTunes sync
- Custom keyboard with built-in keylogger

Useful tools: Certo, iVerify





#### **Stalkerware on desktop**

Exists, but less common

Device sharing more common for desktops and laptops

RATs have been used for IPV



# **Stalkerware: how to support someone?**

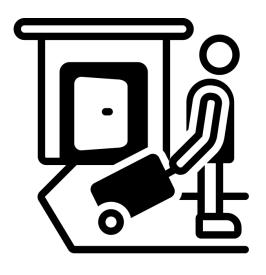


#### Not a technical problem

Removing stalkerware isn't always safe or desirable

Understand a survivor's threat model

Common prevention measures often aren't feasible





#### Don't just focus on stalkerware

The first rule of stalkerware is that it probably isn't stalkerware

Consider other kinds of tech abuse (or non-tech abuse!) as possible causes of surveillance

CETA resources and checklists can be very helpful!



#### **Understand trauma**

Survivors are often traumatized. This could lead to hyper-vigilance and having concerns that you believe aren't well-founded.

This isn't about you. And it's okay for you to ask for help too!

Take survivors seriously and empower them



# Stalkerware: what can we all do?



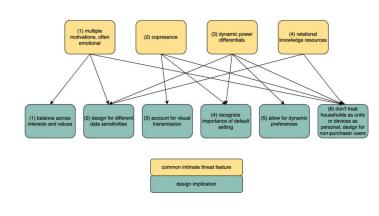
#### Consider the IPV threat model during product design

#### Resources:

Privacy Threats in Intimate Relationships (Karen Levy & Bruce Schneier)

Five Technology Design Principles to Combat Domestic Abuse (IBM)

The Inclusive Safety Project website





#### **Build connections with IPV advocacy groups**

You can learn from them. And maybe you can help them too!



# **Conclusion**



Stalkerware is a part of tech abuse, which is a part of IPV

Stalkerware is powerful, affordable and available

It is a very real problem, but don't ignore other kinds of tech abuse

Understand traumatized survivors. Understand this is not a tech problem

Consider the IPV threat in product design. Build connections!



# **Thank you!**

Eva Galperin, Tara Hairston, NNEDV, WESNET, CETA, Certo Software and all those other people who work together to combat stalkerware, tech abuse and intimate partner violence.

And thank you for listening and caring!

### **Resources:**

